

## Massage Therapies

Escape into a sanctuary of tranquility with our specialised treatments.

### Renew Massage

Our Mohavi Signature must have	60min	R950
	90min	R1500

### Restore (Swedish)

#### Deep Rest & Nervous System Reset

For those seeking sleep, calm and stillness. Sleep therapy massage - Swedish inspired strokes lull the body into serenity, enhanced with lavender or chamomile oils to quiet the mind and invite deep, restorative sleep.

Classic	50min	R750
Signature	60min	R800
Prestige	90min	R1200

#### Recharge (Thai) – Energy, Focus & Vitality

For those who feel drained and need an uplifting boost.

Thai Balance Ritual – An ancient Thai-inspired journey of stretches, acupressure, and rhythmic flow to awaken energy and restore circulation.

Classic	50min	R750
Signature	60min	R850
Prestige	90min	R1250

#### Rebalance (Aromatherapy) Harmony & Emotional Stability

For those needing grounding and inner calm.

Aromatic Wellness Ritual – Guided by your intention, we blend essential oils to calm, uplift, or restore, while a gentle massage harmonises emotions and body.

Classic	50min	R700
Signature	60min	R750
Prestige	90min	R1200

#### De-Stress (Deep Tissue) – Glow, Circulation & Spirit Lift

For those craving renewal and radiance.

Tension Release Massage – Works into tight muscles to release stress, improve circulation, and restore freedom of movement.

Classic	50min	R800
Signature	60min	R850
Prestige	90min	R1300

#### Sports Massage

For those craving renewal and radiance.

Tension Release Massage – Works into tight muscles to release stress, improve circulation, and restore freedom of movement.

Classic	50min	R800
Signature	60min	R850
Prestige	90min	R1300

#### Hot Stone Massage

Signature	60min	R850
Prestige	90min	R1300

#### Burnout Recovery – Calm & Resilience

For those overwhelmed, fatigued, or emotionally drained.

Nervous System Massage + Salt Room – A powerful pairing designed to calm stress pathways, regulate the nervous system, and restore resilience in today's fast-paced world.

Classic	50min	R800
Signature	60min	R950
Prestige	90min	R1400

#### Indian Head Massage

Gentle rhythms release stress and awaken clarity, balancing body and mind.

30min	R550
-------	------

#### Back, Neck & Shoulder

Targeted relief for upper body tension, restoring comfort and ease.

30min	R550
-------	------

#### Foot Reflexology

Ancient pressure techniques rejuvenate your whole body through your feet.

30min	R500
60min	R700

#### Foot Massage

Luxurious foot treatment to soothe, stimulate, and energize.

15min	R250
30min	R450
60min	R600

#### Bamboo Massage

Warm bamboo strokes relieve tension and awaken the senses.

60min	R900
-------	------

#### Cupping Therapy

Ancient wisdom meets modern luxury.

R400
------

#### Couples Suite Experience

Share a sanctuary of calm with a loved one.

R1050
-------

#### Pregnancy Massage

Gentle, nurturing care designed to soothe and comfort expecting mothers.

POA
-----

#### Rungu Massage

Traditional African healing with wooden sticks invigorates and restores balance.

60min	R900
-------	------

## Ayurvedic & Holistic Wellness

A 5000 year old wellness system for rejuvenation, relaxation and inner wellness! So for a touch of Ancient Healing, Wisdom and Therapy. Book your session now!

#### Abhyanga Option 1

Full body warm oil detox massage on the body's marma points that relaxes and restores your body, mind and spirit.

60min	R800
-------	------

#### Abhyanga Option 2

The above massage including a Shirodara Treatment (oil pouring on the forehead) and a steam session

90min	R1200
-------	-------

#### Shiro Abhyangam Option 1

Ayurvedic head, neck and shoulder massage with oil and wash & go

30min	R450
-------	------

#### Pad Abhyanga

Ayurvedic Foot and calve massage with a Warm herbal foot soak.

45min	R500
-------	------

#### Ayurvedic Detox Back Massage

This includes neck, shoulder, arms and back

30min	R450
-------	------

#### Below are add on treatments

(add to any booked treatment)

Express Saffron Facial	30min	R450
------------------------	-------	------

## Ayurvedic Facials

A holistic natural beauty treatment based on Ayurveda for deep cleansing, exfoliation and revitalization. Promoting glowing skin, improved facial circulation and releasing of tension in the face with ayurvedic marma point face massage (Mukh Abhiyanga) 60 mins (R850) each facial comes with an ayurvedic skin analysis and complimentary foot massage.

#### Saffron Facial

Brightens the skin – leaving you glowing naturally.

R850
------

#### Depigmentation (Lepa)

Reduces blemishes and pigmentation. Promotes an even tone and glowing skin tone.

R850
------

#### Face Facial

Helps reduce the effects of acnes. Together with suggested dietary changes ayurveda creates an improved even tone that can be achieved.

R800
------

#### Papaya Facial

A fresh and glowing even tone is achieved. Papain is a natural enzyme in papaya – leaving your skin naturally clear and nourished.

R850
------

#### Mature Skin Facial

A deeply nourishing facial designed for graceful aging.

R850
------

Facials come with an Ayurvedic skin analysis & complimentary foot massage

## Inner Wellness – Reiki Healing

A powerful journey of inner alignment and tranquility. A transformative session of sound healing, crystal therapy, chakra balancing and body alignment.

Including consultation	60min	R750
------------------------	-------	------

## Body Scrubs & Wraps

Nourishing treatments that exfoliate, hydrate, and envelop the body in wellness.

#### Seaweed Wrap

Mineral-rich treatment to detoxify and firm.

90min	R1200
-------	-------

#### African Soul Scrub

Gentle exfoliation that leaves skin silky smooth.	60min	R900
---	-------	------

## Professional Skincare

Beautiful skin starts here. Guided by expert therapists using Nimue and Placecol vegan products, every treatment is tailored to your skin's unique needs.

#### Nimue Facials - Therapeutic Treatment

A restorative facial that balances, renews, and deeply nourishes the skin.

R540
------

#### Deep Cleanse

Purifying treatment that clears congestion and refreshes.

R610
------

#### Thermal Detox

Thermal action to detoxify, revive, and restore clarity.

R740
------

#### Smart Micro Peel

Advanced resurfacing to smooth skin and reveal radiance.

R800
------

#### Active Rejuvenation

Revitalises tired skin with active renewal.

R890
------

## Placecol Fresh Facials

#### Fresh Start

Revives and re-energises tired skin.

R400
------

#### Brightening

Targets dullness for a radiant, even complexion.

#### Calmig

Soothes sensitive skin, reducing redness and irritation.

R550
------

#### Hydration Boost

Deep moisture infusion for supple, glowing skin.

R550
------

#### Deep Cleanse

Clears congestion and restores clarity.

R600
------

#### Anti-Aging

Firms, smooths, and revitalises mature skin.

R750
------

## Placecol Active / Aesthetic

#### 25% Resurfacing

Gentle peel to refine texture and restore radiance.

R700
------

#### 30% Resurfacing

Deeper peel for advanced renewal and improved tone.

R720
------

#### Dermaplaning Add-On

Smooths skin by removing fine hair and surface impurities.

R250
------

## Waxing & Threading

Experience the art of smooth perfection. Our gentle waxing and threading treatments are designed for comfort and precision, leaving your skin soft, radiant, and beautifully refined.

#### Face Waxing

Get silky-smooth skin with precision facial waxing.

Brows R180	Teen R90
Lip R150	Teen R90
Chin R150	Teen R90

Sideburns / Cheeks R190	Teen R170
Nostrils R150	Teen R90
Ears R150	Teen R90

Neck R220	Teen R150
Full Face R350	Teen R250
Full Face R350	Teen R250

Full Face R350	Teen R250
----------------	-----------

#### Body Waxing

Luxurious body waxing for long-lasting smoothness.

Brazilian R300	Teen R220
Bikini R250	Teen R190
Hollywood R350	Teen R290

Stomach R200	Teen R140
Full Back R300	Teen R200
Full Arms R280	Teen R200

Half Arms R230	Teen R150
Underarms R180	Teen R110
Full Legs R300	Teen R230

Half Legs R250	Teen R180
Full Body POA	

## Threading

An ancient technique for perfectly defined beauty precise, gentle, and ideal for sensitive skin.

Brows R150	Teen R100
Lip / chin R140	Teen R110
Full Face R370	Teen R320

Unibrow R120	Teen R60
--------------	----------



## Nail Services

From timeless classics to modern enhancements, our nail rituals are crafted to leave you feeling polished, pampered, and perfectly styled.

### Enhancements

<b>Acrylic Tips</b>	
Ombre   Gel   French	R550 - R600
Acrylic Refill	R350
Sculpture/Refill	R300 - R600
Acrylic Pedicure	R500
Acrylic Tips Pedicure	R650
Nail Art	POA
Buff & Shine	R180
Poly Gel Tips	From R450

### Gel Polish

Hands or Feet	R340
Ombré	R360
Combo	R650

### Soak Off

Safe, gentle removal of Acrylic, Gel, or Poly Gel.	R100 - R180
--	-------------

### Nail Repairs

Natural   Gel   Acrylic   Poly Gel	R50 - R120
------------------------------------	------------

### Manicures & Pedicure

Express Mani	R270
Signature Mani	R580
Ultimate Gel Mani	R650
Classic Mani	R480
Express Pedi	R290
Classic Pedi	R450
Footlogix Pedi (Signature)	R620
Ultimate Gel Pedi	R680
Gel Paint	R380

### Kids | ages 5-10

Kids Mani	R150
Kids Pedi	R150

### Kids | ages 10-15

Mani	R200
Pedi	R290
Nail Art	POA

### Vegan Nail Treatments

Healthier, non-toxic nail care	
SNS Hands	R500
SNS Toes	R550
SNS Tips	R700
Soak Off	R120
Nail Art	POA

## Brow Treatments

Expertly shaped and refined, our brow treatments frame your face with elegance and precision, enhancing your natural beauty.

Brow Tint   Standard	R120
Vegan Brow Tint	R450

## Lash Services | Lashed By Mohavi

Enhance your eyes with beautifully full, fluttery lashes. From natural elegance to bold drama, our bespoke lash treatments are tailored to highlight your unique beauty.

### Lash Sets

Classic	R750
Hybrid	R800
Volume	R850

### Lash Fills

#### 1 Week

Classic	R250
Hybrid	R280
Volume	R320

#### 2 Week

Classic	R280
Hybrid	R320
Volume	R380

#### 3 Week

Classic	R370
Hybrid	R400
Volume	R450

## Hair Studio | Elevate Your Look

Step into sophistication with hair care that goes beyond beauty. From a flawless blowout to a complete transformation, our expert stylists combine artistry with precision to create a look that reflects your unique style — leaving you confident, radiant, and refreshed.

### Ladies Cut & Blow

Short	R565
Medium	R630
Long	R780

### Blow Dry

Week days (Sun – Fri)	R290
Subjected to length and thickness extra charge	
Saturday	R390
Extensions (Extra)	R370

### Highlights

Short	Half R980	Full R1300
Medium	Half R1035	Full R1240
Long	Half R1185	Full R1400

### Toner

Long, Medium, Short	R600
---------------------	------

### Gents

Cut & Style	R365
Shave	R300

### Treatments

Mask	R400
------	------

### Colour

Roots	R895
Full Short	R800
Medium	R1060
Long	R1300
Brazilian	R1800

## Spa & Wellness Facilities

Relax, unwind, and rejuvenate in our serene sanctuary. Our wellness spaces are designed to restore your energy, calm your mind, and nourish your body.

### Halotherapy Room

Improve the collagen of your skin with an infrared light at the same time relaxing your nervous system.	R290
	Add on R120

### Steam Room

Enjoy gentle warmth to detox, ease tension, and improve skin.	R200 15 – 25min
	Add on R120

### Sauna Room

Sip on calming chamomile tea as you relax and recharge in our peaceful spa setting.	R200 15 – 25 min
	Add on R120

## Signature Spa Packages

Immerse yourself in carefully curated journeys that blend relaxation, wellness, and beauty. Each package is designed to refresh your body, calm your mind, and uplift your spirit for the ultimate Mohavi experience.

### Where Beauty Meets Bliss

	2hrs   R1550
A harmonious blend of beauty and wellness. Begin with a refreshing Mohavi Exotic Cocktail, followed by a rejuvenating Nimue Therapeutic Facial and a deeply soothing Hot Stone Massage. Complete your journey with light spa refreshments, leaving you restored and radiant.	

### An Oasis of Relaxation for

#### You & Your Partner per couple

	4.5hrs   R4500
A romantic retreat designed for two. Begin with a rejuvenating Natural Sand Body Scrub, followed by a calming session in our halotherapy Salt Room. Indulge in a deeply restorative Aromatherapy Massage, then complete your journey with a Footlogix Manicure or Pedicure. Paired with light spa refreshments, this experience is the perfect escape into shared serenity.	

<b>Half Day Escape</b>	4.5hrs   R3950
Step away from the everyday and immerse yourself in a half-day of pure renewal. Begin with a refreshing Welcome Mohavi Mint Drink, then enjoy full access to our serene spa facilities. Melt away stress with a Signature Back Massage, followed by a Deep Cleanse Facial to restore your skin's natural glow. Complete the experience with an Express Manicure & Pedicure, leaving you perfectly polished. A delicious lunch from our spa menu rounds off this indulgent escape.	

### Ignite Your Inner Glow

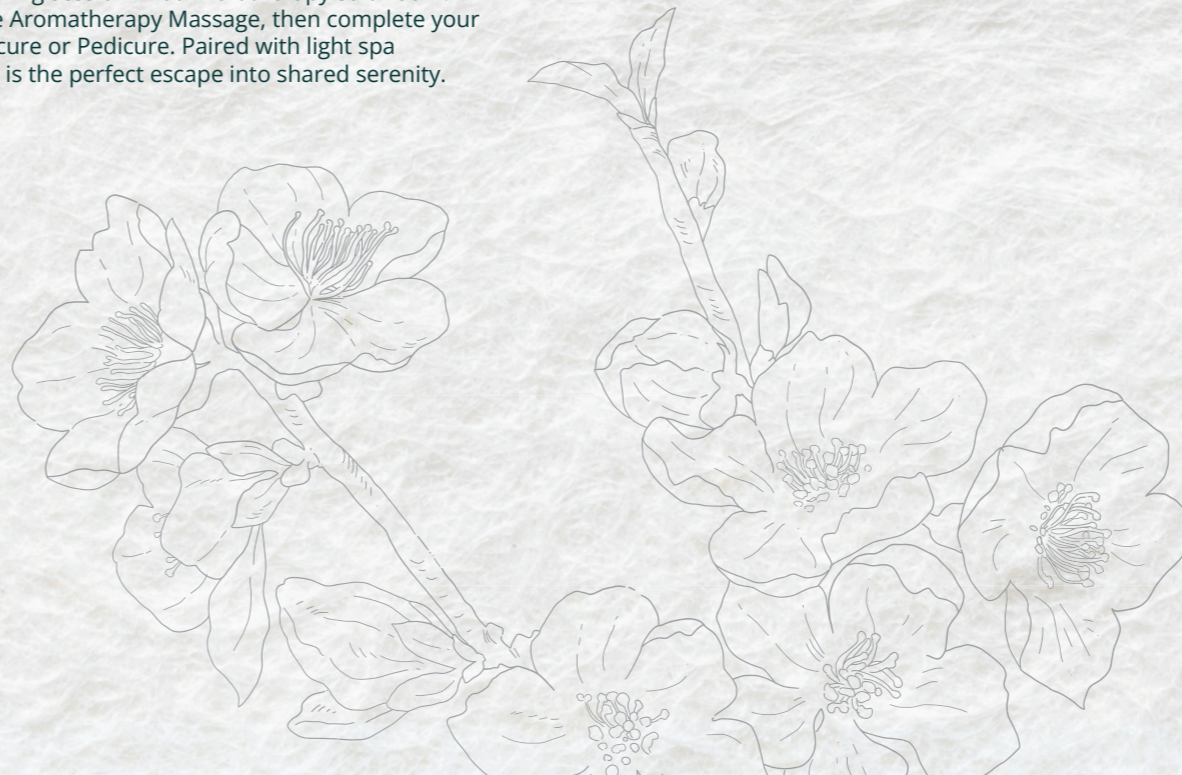
	4.5hrs   R3950
Revitalize your body and spirit with this uplifting journey of renewal. Begin with an invigorating Salt Body Scrub to awaken the senses, followed by a Deep Tissue Massage that melts away tension. A Classic Manicure & Pedicure leaves you perfectly polished, while a nourishing spa lunch completes your radiant escape.	

### Full Day Ultimate Indulgence

	7hrs   R5050
Immerse yourself in a day of pure luxury, crafted for complete renewal from head to toe. Begin with a Detox Body Scrub to refresh your skin, followed by the Mohavi Signature Massage to deeply restore balance. Enjoy full access to our spa facilities – sauna, steam, and salt rooms – before experiencing a calming Placecol Facial and a soothing Jacuzzi session. Complete your indulgence with a Signature Manicure & Pedicure and a gourmet spa lunch designed to nourish and delight.	

### Ayurvedic Bridal Package

	R2100 per couple
Our wedding planning shouldn't age you. Our wedding Bliss package is a full nervous system reset: Marma Point head massage, herbal hot bath, deep detox for your back, neck and shoulders, a fragrant steam moment, a glow giving saffron facial finished with chamopagne and a little something to nibble on. You say I do we say Lie down.	



# MOHAVI

## SPA

# WELLNESS MENU

A CURATED JOURNEY OF TREATMENTS THAT AWAKENS THE SENSES AND NURTURES THE SOUL

079 218 4047 | info@mohavi-spa.co.za